

Northern Marianas College

CURRICULUM ACTION REQUEST

Effective Semester / Session: Summer 2021

Type of Action:

- New
- Modification
- Move to Inactive (Stop Out)
- Cancellation

Course Alpha and Number: NU095

Course Title: Nursing Assistant

Reason for initiating, revising, or canceling:

To include high school students from the Public School System (PSS) that have been accepted for Early Admission into NMC, this course modification includes line Item #3, letter D "Catalogue Course Description" and under line Item #4 "Course Prerequisites". Under Prerequisites, we are changing "GED Equivalent" to "High School Equivalent" as this is now the current terminology.

Rosa T. Aldan *Rosa T. Aldan* 06.08.2021

Proposer Date

Rosa T. Aldan *Rosa T. Aldan* 06.08.2021

Department Chair Date

Adam Walsh *Adam Walsh* 06.07.21

Language & Format Review Specialist Date

Ajani Burrell *Ajani Burrell* 06.08.2021

Academic Council Chair Date

Charlotte Cepeda *Charlotte Cepeda* 06/10/2021

Dean of Learning & Student Success Date

Northern Marianas College

Course Guide

Page: 2

Course: NU095 Nursing Assistant

1. Department

Nursing

2. Purpose

This course prepares entry-level nursing assistants to provide basic nursing care to elderly, ill, and disabled persons in long-term care, hospital, clinic, and home health settings. It is designed for any student or interested individuals who want to begin a career as a Nursing Assistant, individuals interested in taking a nursing course, but are still at developmental English and math levels, and for persons already employed as nursing assistants but who have not completed the formal coursework. The course is ten (10) weeks in length and prepares students to also take the National Nurse Aide Assessment Program (NNAAP) Competency Examination. After successfully completing the course, graduates will be eligible to take the NNAAP Competency Examination with the Northern Marianas Islands (NMI) Board of Nursing (BON), be licensed as a Certified Nursing Assistant (CNA), be placed on the NMI BON Registry for Nursing Assistants, and practice as a CNA in the Commonwealth of the Northern Mariana Islands or U.S. Mainland.

3. Description

A. Required/Recommended Textbook(s) and Related Materials

Required:

Acello, B., & Hegner, B. (2015). *Nursing assistant: A nursing process approach* (11th ed.). Boston, MA: Cengage Learning.

Acello, B., & Hegner, B. (2015). *Workbook for acello/hegner's nursing assistant: A nursing process approach* (11th ed.). Boston, MA: Cengage Learning.

FACETS Healthcare Training, LLC. *Nursing assistant **skills videos/practice tests***. Online resources.

Recommended: None

B. Contact Hours

1. **Lecture:** 60 per semester
2. **Lab:** Skills Lab: 15 per semester
3. **Other:** Clinical Rotation: on-the-job training: 90 per semester

C. Credits

1. **Number:** 8
2. **Type:** Non-Degree Unit

Course: NU095 Nursing Assistant

D. Catalogue Course Description

This course prepares entry-level nursing assistants to provide basic nursing care to elderly, ill, and disabled persons in long-term care, hospital, clinic, and home health settings. The training includes theory, skills demonstration in a supervised laboratory setting, and care of patients in the hospital and clinic settings. The course provides the knowledge base for understanding the role and responsibilities of a nursing assistant, the legal aspects of patient or client care, basic medical terminology, the study of concepts of basic human needs, the health/illness continuum, basic nursing care/personal care skills including safety, communication, infection control, and emergency procedures. Prerequisites: Early Admission into NMC or High School Graduate or High School Equivalent. (Offered Summer)

E. Degree or Certificate Requirements Met by Course

This course fulfills the requirement for the Certificate of Completion in Nursing Assistant.

F. Course Activities and Design

The course activities include lecture, group discussions, use of audiovisual programs, skills practice and return demonstrations of skills in skills lab, written assignments, quizzes, unit tests, and a final exam. Students will use online skills videos to review assigned skills before scheduled return demonstrations/test-out of assigned skills and take online practice test questions to study for NNAAP Competency Exam.

4. Course Prerequisite(s); Concurrent Course Enrollment

Prerequisites: Early Admission into NMC or High School Graduate or High School Equivalent;

Concurrent Course Enrollment: None

Required English/Mathematics Proficiency Level(s)

English Placement Level: EN095

Mathematics Placement Level: MA091

5. Estimated Cost of Course; Instructional Resources Needed

Cost to the Student: Tuition for a Nursing Assistant Training, textbook and student workbook, online access for skills video/test prep by Facets, applicable college fees, physical examination fee, Basic Life Support (BLS/CPR) class fee, and clinical requirement – white uniforms, white shoes, watch with second hand, BP cuff, stethoscope, white lab coat, NMC Nursing Logo patch (3), and hospital student name tag.

Northern Marianas College

Course Guide

Page: 4

Course: NU095 Nursing Assistant

Cost to the College: Instructor's salary, textbook, workbook, online access for skills videos/test prep by Facets Healthcare Training LLC, equipment and supplies needed for skills lab.

Instructional resources needed for this course include skills lab mannequins, overhead projector, TV/TV Screen, whiteboard and markers.

6. Method of Evaluation

Students will be evaluated based on quizzes, unit tests, final exam, written assignments, skills return demonstrations without assistance, clinical performance evaluation on communication skills, basic patient/client care skills, patient safety, and professionalism.

The Nursing Department utilizes the following grading scale to assign letter grades to grade percentages:

- A: 92-100%
- B: 84-91%
- C: 75-83%
- D: 60-74%
- F: 00-59%

This nursing course has a clinical component. Student grades will also be based on these grade percentages. The student must pass both the clinical and theory with 75% or higher in order to pass the course.

The NMC Nursing Department grading scale and NMC attendance policies will be followed.

Course: NU095 Nursing Assistant

7. Course Outline

This is a topical outline and does not necessarily indicate the sequence in which the material will be presented.

- 1.0 Introduction to Healthcare
- 2.0 Roles and Responsibilities of the Nursing Assistant
- 3.0 Legal and Ethical Issues Affecting the Work of the Nursing Assistant
- 4.0 Structure and Function of the Human Body
- 5.0 Communications/Interpersonal Communication Relations
- 6.0 Basic Patient and/or Client Care
- 7.0 Safety and Environment
- 8.0 Basic Nutrition
- 9.0 Infection Control
- 10.0 Developmental Disabilities
- 11.0 Rehabilitation and Restorative Care
- 12.0 Data Collection/Medical Terminology
- 13.0 Treatments/Common Health Problems
- 14.0 Death and Dying
- 15.0 Mothers and Newborn
- 16.0 Final Written and Skills Exam (NNAAP Competency Exam)

Course: NU095 Nursing Assistant

8. Instructional Goals

The course will introduce students to:

- 1.0 Types, purposes, and organizations of health care facilities [hospitals, home health, and long-term care];
- 2.0 The roles and responsibilities of each member of the health care team including that of a nursing assistant;
- 3.0 Rules for communicating effectively;
- 4.0 Structure and functions of each body system;
- 5.0 Language of health care;
- 6.0 Knowledge and skills required of nursing assistants to perform basic nursing care in the clinical setting as well as other health related areas;
- 7.0 Competencies that are required by local and Federal laws for employment as nursing assistants; and
- 8.0 Prepare to take the NNAAP Competency Exam by achieving the threshold requirement of 80% or more to become a Certified Nursing Assistant (CNA).

Course: NU095 Nursing Assistant

9. Student Learning Outcomes

Upon successful completion of this course, students will be able to:

- 1.0 Identify the types, purposes, and organizations of health care facilities [hospitals, home health, and long-term care];
- 2.0 Classify the different roles and responsibilities of health care team members, including that of a nursing assistant;
- 3.0 Use the principles of oral and written communication to convey relevant, accurate, and complete information related to the role as nursing assistants;
- 4.0 Identify the nine body systems and the functions of each in relation to providing care as a nursing assistant;
- 5.0 Use standard medical terms and acceptable abbreviations in clinical practice that are commonly used in the health care setting;
- 6.0 Provide competent basic nursing care to patients or clients in the clinical setting as well as other health related areas; and
- 7.0 Demonstrate the basic entry level knowledge and skills necessary to be eligible to take the NNAAP Competency Exam.

10. Assessment Measures of Student Learning Outcomes

Assessment of student learning may include, but not be limited to, the following:

- 1.0 Quizzes;
- 2.0 Unit Tests;
- 3.0 Final Exam;
- 4.0 Written Assignments;
- 5.0 Skills Return Demonstrations Evaluation on Basic Patient/Client Care Skills; and
- 6.0 Clinical Performance Evaluation on Communication Skills, Basic Patient/Client Care Skills, Patient Safety, and Professionalism.